

FIBROUS PAPULE OF THE NOSE (ANGIOFIBROMA)

A fibrous papule of the nose is a type of benign growth. It is also known as an angiofibroma. The long name is basically a descriptive term. The word fibrous means that the growth tends to have a firm feel in consistency. The word papule means a small raised growth and the term nose refers to the fact that the growth is almost always located on or near the nose.

A fibrous papule of the nose is totally benign and never becomes cancerous. The growth usually develops as a small, raised pimple like area on or near the nose. It sometimes is flesh colored. It may be slightly red. It usually does not produce any symptoms. Occasionally, it becomes inflamed since it is slightly raised from the skin.

Since these growths usually do not produce symptoms, no treatment is often the best option. In some cases, a small test of the skin is done to make sure that it is a fibrous papule of the nose and not another type of growth. I can usually tell whether a test is necessary based on what your growth looks like. At times these lesions are removed because they are somewhat protruding or have become inflamed. If they are removed there is usually excellent healing although at times a tiny scar could result.

In summary, a fibrous papule of the nose is a type of small benign growth that usually occurs on the nose in otherwise healthy adults. If you have any other questions regarding this spot, please do not hesitate to ask me before you leave the office.