

MYXOID (DIGITAL MUCUS) CYST

A myxoid cyst, which is also known as a digital mucus cyst, is a benign growth. In almost all cases, these growths occur on the ends of the fingers or toes. In most cases they are located at the joint or near the nail.

A myxoid cyst is a benign growth and never turns malignant. The cyst contains a clear gelatin-like material, which is easily expressed if the growth is punctured. In some cases, these growths are located near the root of the nail. If this is the case, the nail may appear abnormal because it presses on the root where the nail forms.

Since a myxoid cyst never becomes malignant, treatment is not necessary if it is not bothersome. In some cases, however, it does become bothersome because of the appearance or symptoms of pain and irritation. If the cyst needs to be treated, there are many different ways that this can be accomplished.

Types of treatment for myxoid cysts include liquid nitrogen, opening up the cyst and draining the contents, and surgical excision among others. Based on the individual appearance of your cyst, I will determine what the best treatment is in your case.

As noted above, a myxoid cyst is a harmless benign growth, which can occasionally become a problem due to its location. In most cases, these are easily treated. If you have any other questions regarding this, please ask me before you leave the office.