

SUPERPOTENT CORTISONE THERAPY

I have recommended you receive treatment with a superpotent cortisone medication. This is a cream or ointment, which is rubbed into the skin to the affected areas. It is extremely important that this treatment be used in the proper way to avoid any potential side effects.

As you probably know, one form of cortisone treatment is available over the counter. The major difference is that the prescription superpotent cortisone treatment is approximately 2,000 times stronger. Therefore, when used improperly these superpotent creams can produce side effects.

Superpotent cortisone creams are never to be used on the facial skin or skin fold areas such as under the arms, in the groin, or on the rectal area. The reason for this is that the creams could cause some thinning of the skin. Therefore, it is important never to give this medication to anyone else because it works so well for you. This medication is strictly reserved for the treatment of your skin and to only the affected areas. When the prescription medication is applied, it is generally used twice per day to the area on the body where the problem exists. This normally is on the hands, feet, arms, or legs.

If you use the medication faithfully twice a day the problem will normally clear or be significantly improved within a matter of two weeks. Once the problem is clear the medication can be used once or twice per week in order to keep it that way. Therefore, the first two weeks the medication is applied twice per day, thereafter, it is used once or twice per week. As long as the medication is used according to the above guidelines, these creams are both safe and effective for the treatment of many skin problems where other medications did not work in the past.

If you have any other questions regarding your prescription please do not hesitate to ask me before you leave the office.