

INTRALESIONAL THERAPY

Intralesional therapy is one of the most effective treatments for localized skin conditions. Intralesional means that the medication is placed directly into the lesion. This is injected with a very small needle. The medication is called triamcinolone and works very well to decrease the local swelling and inflammation. There may be a slight amount of discomfort when it is administered since it is done with a tiny needle.

The triamcinolone medication used in this type of intralesional injection is related to the cortisone that your own body makes every day. Cortisone has many effects. One of the effects of cortisone is anti-inflammatory. That means it helps red, inflamed and itching skin conditions. These injections concentrate the anti-inflammatory effects of cortisone and reduce any other potential cortisone side effects.

The advantage of this type of injection is that a small amount of medicine is released daily into the affected area so hopefully there will be a lasting effect of weeks to many months.

Other than the minor discomfort associated with giving the shot, there is one other possible side effect. Very occasionally the fat around the injection site can atrophy. You would notice a slight depression of the skin where the medication was injected. This depression usually goes away on its own, but it can take up to several months to resolve.

An intralesional injection of triamcinolone is one of the most effective treatments for various skin conditions. This is why I suggested this treatment be given. If there are any other questions about this, please ask me before you leave the office.